

## **Useful Numbers For Patients**

District Nurse 01924 327591

Health Visitors

Midwife Office 01977 747432

Podiatry 01924 541415

Social Care Direct 0345 8503 503

Stop Smoking Service

MSK Clinic 01924 792079

Health watch Wakefield

NHS Complaints Advocacy 01924 787379

### Hospitals

Barnsley Hospital 01226 730000

Dewsbury Hospital 0844 811 8110

Leeds General Infirmary 0113 2432799

Methley Park Hospital 01977 518518

Pontefract Hospital 0844 811 0010

Pinderfields Hospital 0844 811 8110

St James ' Hospital 0113 2433144

Minor Eye Problems

Free appointments available see attached leaflet for all opticians you can see.

Participating opticians (1 April 2017 – 31 March 2020)

Practice	Address	Post Code	Tel No
<b>WF1 Wakefield Central</b>			
Boots Opticians	1 Northgate, Wakefield	WF1 1HE	01924 387411
Bayfields Opticians Wakefield Ltd TIA Pattersons	72 Northgate, Wakefield	WF1 3BX	01924 374282
JR Morton (Wakefield) Ltd	24 - 25 The Springs, Wakefield	WF1 1QA	01924 373117
Pollards Optical Clinic	21 Cross Square, Wakefield	WF1 1PQ	01924 373697
Specsavers Optical Superstores Ltd TIA Wakefield Specsavers Ltd	30-32 Little Westgate, Wakefield	WF1 1JY	01924 383500
<b>WF1 Wakefield Periphery</b>			
Vall Optical (Wakefield) Ltd	545 Leeds Road, Outwood, Wakefield	WF1 5PN	01924 822102
<b>WF4 &amp; WF5 Ossett, Horbury, Middlestown &amp; Netherpton</b>			
Auckland Opticians, Horbury	9 High Street, Horbury, Wakefield	WF4 5AB	01924 272522
Bayfields Opticians Ltd (formerly Date Opticians)	5 Wesley Street, Ossett, Wakefield	WF5 5ER	01924 260490
Auckland Opticians, Ossett (formerly AC Smith Opticians)	27 Towngate, Ossett, Wakefield	WF5 9BL	01924 263313
<b>WF6 Normanton</b>			
Moorhouse Opticians Ltd	32 High Street, Normanton, Wakefield	WF6 2AB	01924 893202
<b>WF7 Ackworth &amp; Featherstone</b>			
Moorhouse Opticians Ltd	19/21 Station Lane, Featherstone, Wakefield	WF7 5BE	01977 791714
<b>WF8 Pontefract</b>			
Bayfields Opticians	32 Ropergate, Pontefract	WF8 1LY	01977 702565
Boots Opticians	15 Woolmarket, Pontefract	WF8 1AZ	01977 795416
Living Care	Northgate Medical Centre, Northgate, Pontefract	WF8 1NF	0113 2494655
Smartspec TIA Brosigill Opticians	4 Market Place, Pontefract	WF8 1AX	01977 780974
Moorhouse Opticians Ltd	51 Ropergate, Pontefract	WF8 1JY	01977 703307
Specsavers Optical Superstores Ltd TIA Pontefract Specsavers Ltd	14 Woolmarket, Pontefract	WF8 1AZ	01977 602630
<b>WF9 Hemsworth, South Elmsall, Havercroft &amp; Upton</b>			
O Bank Eyecare	55 Barnsley Road, South Elmsall, Pontefract	WF9 2QW	01977 642244
McCormack Opticians Ltd	73/75 Kirkby Road, Hemsworth	WF9 4AS	01977 613310
McCormack Opticians Ltd	Rycroft Primary Care Centre, Madeley Road, Havercroft	WF4 2QG	01274 678701
Moorhouse Opticians Ltd	4 Highfield Road, Hemsworth, Pontefract	WF9 4DP	01977 611744
South Kirkby Eyecare Ltd	Church View Medical Centre, Langthwaite Road, South Kirkby	WF9 3AP	01977 648844
Specsavers Optical Superstores Ltd TIA South Elmsall Specsavers Ltd	10 Barnsley Road, South Elmsall	WF9 2SE	01977 648182
<b>WF10 Castleford</b>			
Premier Optical	Unit 36 Carlton Lanes Shopping Centre, Castleford	WF10 1AD	01977 550222
Specsavers Optical Superstores Ltd TIA Castleford Specsavers Ltd	54E Carlton Street, Castleford	WF10 1AH	01977 603300
Moorhouse Opticians	103 Carlton Street, Castleford	WF10 1DX	01977 552312
VisionCare Optometry	19 Sager Street, Castleford	WF10 1AG	01977 552361
Vision Value Opticians Ltd TIA Vision Opticians	73 Carlton Street, Castleford	WF10 1DE	01977 552776

\*If you have any comments, compliments or complaints please contact the optician directly.

# Minor Eye Problems?



If you have a recent problem with your eyes such as sore eyes, red eyes or visual disturbance, you can be assessed and treated by the Minor Eye Conditions (MEC) Service.

**Free NHS appointments available at participating opticians.**

This leaflet will tell you more about the service, including; how to book an appointment and who is eligible for this service.

Leaflet developed by NHS Wakefield CCG and Wakefield Public Health, in conjunction with the Wakefield Local Optical Committee and The Mid Yorkshire Hospitals NHS Trust

## What is the Minor Eye Conditions Service?

This is a **free** NHS service available from an appropriately trained and qualified optician in your local area.

### Minor eye conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye or gritty and uncomfortable eye
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- In-growing eyelashes
- Foreign body in the eye (something in the eye)
- Recent and sudden loss of vision

### PLEASE NOTE THE MINOR EYE CONDITIONS SERVICE DOES NOT INCLUDE A SIGHT TEST

If you have a major eye condition that is being regularly monitored by your optician or hospital eye service, this will not be covered by this service. For example; cataracts, diabetic retinopathy or glaucoma.

### Where should I go?

Registered optometry practices (high street opticians) offering the services are listed on the back of this leaflet. An appointment will normally be required, so please telephone first.

Appointments are available during normal working hours and some opticians offer appointment at weekends. Not all opticians have an optician available every day, but if they don't, they will be able to find you an alternative appointment nearby.

## Who is this service for?

The service is available to **adults and children who are registered with a GP practice** in the Wakefield district. Children under 16 years of age must be accompanied at their appointment by an adult.

## How do I book an appointment with the service?

There is no need to make a GP appointment or attend A&E for minor eye conditions. Instead, you can call one of the opticians on the back of this leaflet or visit the NHS Wakefield Clinical Commissioning Group's website at: [www.wakefieldccg.nhs.uk](http://www.wakefieldccg.nhs.uk) or the Wakefield Public Health website at: [www.wakefield.gov.uk/health-care-and-advice/public-health](http://www.wakefield.gov.uk/health-care-and-advice/public-health) for information.

The optician will ask you some questions about your symptoms in order to ensure you meet the criteria and assess how quickly you need to be seen by the service. You will normally be seen within 48 hours (Monday to Saturday) of contacting the opticians.

You can also walk in without an appointment; however you may be required to wait for an available appointment or be given an appointment for another time. This may be because there are no available appointments that day or because the optician may need to put drops in your eyes.

## On the day of the appointment

Please take your glasses and a list of current medication with you to the appointment. The optician may put drops in your eyes to enlarge your pupils in order to get a better view of the inside of your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optician will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optician will organise this for you. You may also be advised to make an appointment with your GP if your eye condition is in relation to your general health.